# **QUARTERLY NEWSLETTER**

April - June 2025

## Safe Spaces, Strong Starts: Transforming Anganwadis in Gariaband, Chhattisgarh



In Gariaband, Chhattisgarh, Action Against Hunger India undertook the refurbishment of several Anganwadi Centres to transform them into safer, more inclusive, and child-friendly spaces. These revitalized centres are now equipped with improved infrastructure, better sanitation, and learning aids that foster early childhood development in a nurturing environment. The upgrades have significantly enhanced access to essential services such as healthcare, nutrition, and pre-school education—ensuring that young children and their caregivers receive the support they need for a healthier and brighter future.

See More Transformed Centres

### Bringing Preventive Health to the Forefront in Palghar, Maharashtra



In the heart of Palghar, Maharashtra, one health screening camp became the starting point for many brighter journeys. The camp focused on identifying nutritional deficiencies, enrolling children in support programs, and raising vital awareness about preventive health. Because every child deserves a healthy start, and every community deserves the power to thrive.

ACF Italy on Ground - Field Insights from Palghar & Mumbai



Action Against Hunger's global team from Italy visited our project sites in Palghar & Andheri to witness the on-ground impact of our interventions. From meeting pregnant women and mothers to visiting the upgraded NRC in Mokhada, the visit reinforced the power of collaborative, community-led solutions.

## Action Against Hunger's Lifesaving Intervention in Dharni, Maharashtra



In Dhomnadhana village, Dharni block, Action Against Hunger's timely intervention made all the difference for Kavita (name changed) a pregnant woman diagnosed with severe anaemia during a routine check-up.

Our Community Mobilizer immediately referred her to the hospital. Despite initial hesitation from her family, persistent counselling by our team led to her admission. When a blood transfusion was urgently needed, the Community Mobilizer himself stepped in to donate blood.

Kavita recovered well and later delivered a healthy baby at the hospital. Both mother and child are now in good health — a powerful example of how community-led action can ensure safe pregnancies and healthier futures.



Revitalizing Care: Upgraded Anganwadi Centre in Dhar, Madhya Pradesh

The Anganwadi Centre in Dhar has been transformed into a healthier, child-friendly space for mothers and children. With improved infrastructure, sanitation, and learning facilities, the centre now better supports nutrition, early education, and maternal care.

Internal staff training in Dhar, Madhya Pradesh & Palghar, Maharashtra



Action Against Hunger India conducted an internal staff training in Dhar and Palghar, where team members participated in group activities, attended comprehensive training sessions, and made field visits to strengthen their knowledge and skills. This immersive experience has prepared our teams to serve communities more effectively and drive meaningful change on the ground.



Mahodaya (name changed) a lactating mother from the tribal village of Vanganpada in Jawhar, turned her backyard into a source of nutrition and income with support from Action Against Hunger India. Counseled on diet diversity, she was encouraged to start a demo plot using available water on her land. With seeds provided in end of last year—maize, groundnut, okra, spinach, fenugreek, and coriander—she cultivated a thriving kitchen garden. The harvest not only nourished her family but also earned her ₹12,000 within 8 months from selling surplus produce. Motivated by the success, Mahodaya has now planted maize and expects to earn another ₹5,000 - ₹6,000. By introducing the demo plot initiative to the family, which not only improved their nutritional intake but also provided sustainable livelihood support right from their backyard.

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At Action Against Hunger, we drive change from the ground up, aiming to cultivate a healthier world.

Since inception in 1979, our work has impacted the lives of 21 Million individuals through a network of 9,000 humanitarian professionals across 59 countries. In India, our operations from the grassroots upwards, are focused on taking decisive action to create a healthier nation.

In India, we are one of the few NGOs focusing specifically on maternal and child health with various nutritionsensitive and nutrition-specific interventions. Our teams engage with communities in remote and hard-to-reach areas, identifying and addressing nutritional challenges in children. We empower mothers and families with knowledge and awareness so they can see their children grow up strong and for whole communities to prosper.

We operate in 1,312 villages in Maharashtra, Madhya Pradesh, Rajasthan, Chhattisgarh and Gujarat.

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