

## **QUARTERLY NEWSLETTER**

April - June 2024

Kangaroo Mother Care (KMC) Training







Action Against Hunger, India, joined forces with the distinguished departments of pediatrics, obstetrics and gynecology, and community medicine at HBT Medical College to spearhead a pivotal three-day training on Kangaroo Mother Care (KMC) at HBT Medical College. Over 40 participants, including third-year nursing students, medical college scholars, and dedicated nursing staff, immersed themselves in dynamic, interactive sessions to foster knowledge and collaboration. The Mumbai-event resonated with a profound sense of hope and commitment to nurturing future generations. This initiative stood as a beacon of transformative healthcare education and community empowerment.

# Safeguarding & Gender Transformative Approach E-Learning- Training Courses for staff!

## THE GENDER TRANSFORMATIVE APPROACH





We incorporate a gender transformative approach in all our programs, interventions, and institutional practices. These key principles are also integrated into our new International Strategic Plan and Gender Policy. This quarter, all our staff across India completed an e-course on the Gender Transformative approach, reflecting our commitment to feminist leadership and institutional practices. Additionally, all staff took an e-course on Safeguarding, enhancing their understanding of its importance in the humanitarian and development sector.

MOU with Labour Market Research Facility Tata Institute of Social Sciences (TISS)





Action Against Hunger(ACF) India signed a Memorandum Of Understanding (MOU) with Labour Market Research Facility, Tata Institute of Social Sciences (TISS). The students were oriented on work done by ACF. These students will soon visit our intervention areas for exposure on the work we do to drive change from the ground up, to cultivate a healthier world.

A District Level Workshop on MIYCN in Sabarkantha, Gujarat











A 5-day workshop to nurture Maternal, Infant, and Young Child Nutrition (MIYCN) champions with special emphasis on breastfeeding techniques was conducted in Himmatnagar, Gujarat, by the Department of Health and ICDS-WCD, Jilla Panchayat, Sabarkantha in collaboration with Project Vruddhi, an initiative by Action Against Hunger, from May 28 to June 1, 2024.

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Since the launch of counseling cards - an Interpersonal Communication (IPC) tool developed by project Vruddhi in collaboration with the Department of Health, ICDS-WCD, and Jilla Panchayat-significant strides have been made in Sabarkantha.

Introduced on May 23, 2023, this tool was distributed to Frontline Workers (FLWs) to enhance their counselling skills. Designed to provide targeted, need-specific, and age-appropriate counselling, the cards have bolstered Social and behavioral Change (SBC) efforts for improved health and nutrition outcomes. Extensive training at District, Block and Sector levels including role plays and mock sessions has yielded considerable impact among beneficiaries. This quarter marks one year since the tool's launch.

#### Kitchen gardening training, Dharni





As part of Food Security and Livelihoods (FSL) intervention, we conducted a three-day Kitchen Gardening training program in three villages in Dharni, in June 2024. Approximately 90 community members attended the training. The primary objective of the program was to empower community members with the knowledge and skills necessary to establish kitchen gardens and promote organic farming practices.

Participants were educated on the significant advantages of growing their own vegetables,

emphasizing self-sufficient and national diversity, reducing dependence on market produce. By growing fruits and vegetables, households can gain direct access to nutrients that may not be readily available or within their means. As a consequence of home gardening, household self-sufficiency improves, and a wider variety of foods are available.

### Screening of children in Dharni





At the Sadarbadi Primary Health Center in Dharni, community workers did screening of children as a collaborative effort from the team of Action Against Hunger, ASHAs, ANMs, MPWs and AWWs to

find potential solutions for improved health and nutrition outcomes.

The screening reached 3,736 children, identifying 57 new cases of Moderate Acute Malnutrition (MAM) and 4 cases of Severe Acute malnutrition (SAM). Through this collective action, 61 children in need, will be set on path to better health and well-being.

#### **Promoting Pisciculture for improving nutrition!**











In the heart of Dharni block, Maharashtra, Bansi Sawalkar's (name changed) journey with pisciculture not only transformed her family's livelihood but also became a beacon of community support. For six years, Action Against Hunger has been dedicated to uplifting 39 villages, focusing on health, nutrition, food security and education. In February 2023, they introduced a Fish farming project in collaboration with Jaljeevika, aiming to bolster Food Security and Livelihoods (FSL) in the region.

Bansi, a registered beneficiary immersed in maternal and child nutrition education, caught the attention of the ACF field team with her 20\*20 meter farm pond. Initially hesitant due to childcare duties, Bansi entrusted her husband and father-in-law to attend the training at the Titamba Aqua school. Equipped with knowledge an pond preparation, fish species, and management techniques, they returned to kickstart the project.













At Action against Hunger, we drive change from the ground up, to make this world free from hunger.

Since inception in 1979, we have led the global fight against hunger. Our work has impacted the lives of 15 million individuals, through a network of 7100 humanitarian professionals across 50 countries. In India, our operations from the grassroots upwards, are focused on taking decisive action against the causes and effects of malnutrition. We equip people with knowledge and awareness, so they can see their children grow up strong, and for whole communities to prosper.

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