

QUARTERLY NEWSLETTER

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Reviving Hope: Transforming anganwadi services in Palghar



In the remote terrains of Dakhanechapada, Palghar, our efforts refurbished an Anganwadi center plagued by leakages and dysfunctional facilities, ensuring a conducive environment for over 50 children, pregnant women, and lactating mothers from three villages.

Beyond fixtures, the refurbishment involved structural enhancements to withstand future challenges. The center now serves as a resilient hub, enabling access to crucial services, especially during disrupted transport connectivity in adverse weather conditions.

Project Sampurna: Building a healthier tomorrow together in Ankleshwar, Gujarat



The launch of Project Sampurna in Ankleshwar, Gujarat, supported by Glenmark Life Sciences and implemented by Action Against Hunger India, marks a pivotal moment in our collective journey. The project adopts a comprehensive life cycle approach, seamlessly integrating health and Integrated Child Development Services (ICDS) to provide holistic support to the community.

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Project Shubharambh: Empowering adolescent girls against anemia



Project Shubharambh by Action Against Hunger is a transformative initiative addressing the challenge of anaemia among adolescent girls in Sanand. Beyond raising awareness, we actively promote the utilization of government-led anemia control programs, including the free distribution of IFA tablets at schools and community settings.

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Team Mowgli's impactful visit to Palghar & Andheri: A journey of learning and collaboration



We would like to extend our gratitude to the Mowgli team for their recent two-day visit to our programs in Palghar and Andheri, organized by Action Against Hunger India & UK teams. This immersive experience was characterized by valuable activities conducted in Palghar such as community engagement, hands-on initiatives to improve food security, informative sessions, visits to beneficiary households, and meetings with stakeholders.

During their visit to Andheri, the team gained insights into our urban projects through presentations and engaging field visits to beneficiary households, HBT Medical College & Dr. R.N. Cooper Municipal General Hospital, KMC unit, and POSHAN OPD, which also included thought-provoking discussions.

Community Catalysts: Empowering local leaders for health in Sabarkantha, Gujarat



In many communities, the influence of local-level leaders transcends traditional boundaries, impacting health, nutrition practices, and cultural beliefs. Empowering these influencers sets the stage for a Jan Andolan, where tailored solutions, community-wide efforts, and advocacy for improved healthcare services come together.

Project Vruddhi in Sabarkantha, Gujarat, harnesses the power of local leaders during Poshan Chaupal gatherings to champion maternal and child health, bridging the gap between individuals and sustainable development.





We recently participated in <u>#D4N2023</u> in Kathmandu, Nepal, where we embraced new perspectives and learning, reinforcing our mission to promote healthier lives and effect positive change. Our Director of Tech & Research, Dr. Pawankumar Patil, unveiled the innovative 4x4 matrix, a tool designed to drive positive behaviour change, placing us at the forefront of promoting healthier lives.

These lessons are building a stronger foundation for the entire nutrition ecosystem. Together, we are empowering change for a healthier world.

Empowering Tomorrow: Celebrating National Girl Child day with a purpose







Commencing the observance of National Girl Child Day with unwavering commitment, Action Against Hunger orchestrated dignified celebrations in Dhar, Madhya Pradesh, and Baran, Rajasthan and Dharni, Amravati.

The event, characterized by a harmonious blend of educational engagement and festive merriment, featured the conferment of prizes, recreational activities, and insightful discussions addressing the critical issue of anemia.

NAOS field visit to Dharni, Amravati



The NAOS team joined Action Against Hunger in a purposeful visit to the Dharni project, Amravati.

They actively participated in community initiatives, visiting Anganwadi centres, attending WASH demonstrations, and engaging with pregnant women. The visit was dedicated to promoting education sponsorships, empowering volunteers, and fostering sustainability through initiatives such as Nutri Gardens. Furthermore, they explored sustainable practices, observing firsthand the profound impact of integrated farming and aquaculture systems on livelihoods.

NAOS and our collaborative partners are dedicated to addressing nutrition and enhancing food security through clear and concerted efforts.

Empowering Anganwadi Workers: Project Trupti in Sanand, Gujarat



In collaboration with the Integrated Child Development Services (ICDS) Department of Sanand block, Gujarat, Action Against Hunger conducted a two-day training for 209 Anganwadi Workers as part of Project Trupti.

The training stressed accurate techniques for measuring baby weight and height, counselling skills for mothers and pregnant women, and Kangaroo Mother Care demonstrations for managing low birth weight newborns.

Through initiatives like Project Trupti, we are committed to empowering Anganwadi Workers with essential skills and resources to ensure the well-being of mothers and children.

A remarkable journey of Kishan from Severe Malnutrition to a healthy child







Kishan was identified as severely malnourished, with a MUAC (Mid Upper Arm Circumference) of 94. His mother passed away when he was just 5 months old, and since then, he has been under the care of his grandmother, Dulari Bai Sahariya, and his grandfather, Mohanlal.

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At Action against Hunger, we drive change from the ground up, to make this world free from hunger.

Since inception in 1979, we have led the global fight against hunger. Our work has impacted the lives of 15 million individuals, through a network of 7100 humanitarian professionals across 50 countries. In India, our operations from the grassroots upwards, are focused on taking decisive action against the causes and effects of malnutrition. We equip people with knowledge and awareness, so they can see their children grow up strong, and for whole communities to prosper.

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